



# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: info@shrirammandir.org.nz · www.shrirammandir.org.nz ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00

Ramayan Mahima		January 2025				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>बुध विश्राम सकल जन रंजनि। रामकथा कलि कलुष बिभंजनि॥ Shri Ram Katha - The story of Bhagwan Shri Ram offers solace to the learned and a source of joy to all humans and removes the impurities of the Kaliyuga. {SRM 1-30}</p>		<p>English Pratipada New Year's Day 10.51 प्रतिपदा</p> <p>Push Shukla Pakshi Starts</p> <p><b>1</b></p>	<p>Day after New Year's Day 9.54 द्वितीया</p> <p><b>2</b></p>	<p>Tritiya 8.38 तृतीया</p> <p><b>3</b></p>	<p>Chaturthi 7.09 चतुर्थी Panchami 29.30 पंचमी</p> <p><b>4</b></p>	<p>Shasthi 27.45 षष्ठी</p> <p><b>5</b></p>
<p>LOTUS FOREIGN EXCHANGE</p> <p>Your Trusted Partner for Currency Exchange and Remittance.</p> <p>www.lotusfx.com</p>						
<p>Saptami 25.53 सप्तमी</p> <p><b>6</b></p>	<p>Ashtami 23.56 अष्टमी</p> <p><b>7</b></p>	<p>Navami 21.55 नवमी</p> <p><b>8</b></p>	<p>Dasami 19.52 दशमी</p> <p><b>9</b></p>	<p>Putrada Ekadashi 17.49 पुत्रदा एकादशी</p> <p><b>10</b></p>	<p>Dwadashi 15.51 द्वादशी</p> <p><b>11</b></p>	<p>Trayodashi 14.03 त्रयोदशी</p> <p>Swami Vivekanand Jayanti</p> <p><b>12</b></p>
<p>Chaturdashi 12.33 चतुर्दशी</p> <p><b>13</b></p>	<p>Makar Sankranti Purnima 11.26 पूर्णिमा</p> <p><b>14</b></p>	<p>Pratipada 10.51 प्रतिपदा</p> <p>Krishna Paksh Starts</p> <p><b>15</b></p>	<p>Dwitiya 10.53 द्वितीया</p> <p><b>16</b></p>	<p>Tritiya 11.36 तृतीया</p> <p>Moon rise 22.47</p> <p><b>17</b></p>	<p>Chaturthi 13.00 चतुर्थी</p> <p>Akhand Hanuman Chalisa Paath</p> <p><b>18</b></p>	<p>Panchami 15.00 पंचमी</p> <p>Akhand Hanuman Chalisa Paath</p> <p><b>19</b></p>
<p>Shasthi 17.28 षष्ठी</p> <p><b>20</b></p>	<p>Saptami 20.09 सप्तमी</p> <p><b>21</b></p>	<p>Ashtami 22.48 अष्टमी</p> <p><b>22</b></p>	<p>Navami 25.07 नवमी</p> <p><b>23</b></p>	<p>Dasami 26.55 दशमी</p> <p><b>24</b></p>	<p>Shatatlita Ekadashi 28.01 षटतिला एकादशी</p> <p><b>25</b></p>	<p>Dwadashi 28.24 द्वादशी</p> <p><b>26</b></p>
<p>Auckland Anniversary Trayodashi 28.04 त्रयोदशी</p> <p><b>27</b></p>	<p>School Term 1 Starts Chaturdashi 27.05 चतुर्दशी</p> <p><b>28</b></p>	<p>Amavasya 25.35 अमावस्या</p> <p>Moani Amavasya</p> <p><b>29</b></p>	<p>Pratipada 23.40 प्रतिपदा</p> <p>Maha Shukla Paksh Starts</p> <p><b>30</b></p>	<p>Dwitiya 21.29 द्वितीया</p> <p><b>31</b></p>	<p><b>FLIGHT DEALS</b> </p> <p>AIR TICKETS • TRAVEL INSURANCE HOTEL BOOKINGS • CRUISES</p> <p>557 Blockhouse Bay Rd Blockhouse Bay, Auckland Email: info@flightdeals.nz <b>09 391 5007</b></p>	

**JSR** LIFE MOTORS

DIRECT IMPORTERS OF JAPANESE MOTOR VEHICLES/WHOLESALE/RETAILER

**Quick & Easy Vehicle Finance**

Ravi Kumar  
Director  
M: 021 0298 3339

A: 4B Freeman Way  
Manukau City, Auckland  
P: 09 263 9255  
E: info@jstrlife.co.nz  
W: www.jstrlife.co.nz

**KAYSONS**  
HALLMARK OF FASHION

- Ethnic Clothing
- 22ct Gold Jewellery
- Imitation Jewellery

Shop Online: [www.kaysons.co.nz](http://www.kaysons.co.nz) Like us on: [kaysonsNZ](https://www.facebook.com/kaysonsNZ)

Phone: (09) 827 9006 Email: info@kaysons.co.nz

1/3115 Great North Road, New Lynn, Auckland

**FOOD 4 LESS** supermarket

Romit Prakash  
Managing Director

13 Veronica Street  
New Lynn, Auckland  
Ph: 09 826 4387  
E: newlynn@food4less.co.nz

Manurewa • Otahuhu • Homeware • New Lynn

**CONTROLS PLUS**  
ELECTRICAL & CONTROL CONTRACTORS

Precision Powering Your World with Innovative Electric Solutions!

Serving residential, commercial and industrial in Auckland, Hamilton, Rotorua and Palmerston North

Mob: 022 081 7231  
E: vimal@controlsplus.co.nz  
www.controlsplus.co.nz

**PHARMACY CARE FOR ALL**

Free Prescription | Free Delivery | Free Blister Pack

Just send your prescription to us, and we will take care of your medication management at

Henderson Valley Pharmacy: 249 Henderson Valley Rd  
E: hendvalleyphcy@gmail.com | P: 09 837 0892  
The Caring Pharmacy: 411 Great North Road  
E: thecaringphcy@gmail.com | P: 09 838 4350  
Phone: Nirajan 0211573110

**KITCHEN AFTER 5**

Call now for your free quote for cabinets etc.

0272403663  
Arun Kumar

244B, Donbuck Massey, Auckland, New Zealand





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: info@shrirammandir.org.nz · www.shrirammandir.org.nz ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00

### Ramayan Mahima



रामकथा कलि पंगम भरनी। पुनि बिबेक पावक कहूँ अरनी।।

The story of Bhagwan Shri Ram is like a peahen for the serpent in the form of the Kaliyug. again, it is like a sacred wooden stick (Arani) which can kindle the fire of wisdom. (SRM 1-30)

## February 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
--------	---------	-----------	----------	--------	----------	--------

**FLIGHT DEALS**

AIR TICKETS • TRAVEL INSURANCE  
HOTEL BOOKINGS • CRUISES

557 Blockhouse Bay Rd  
Blockhouse Bay, Auckland  
Email: info@flightdeals.nz

**09 391 5007**

Full calendar information on the last page



### Mahashivratri Program

24 Feb – 26 Feb Shiv Katha and Char Prarah Puja on 26 Feb.

Tritiya 19.08  
तृतीया  
**1**

Chaturthi 16.44  
चतुर्थी  
**2**

Panchami 14.22  
पंचमी  
**3**

Vasant Panchami

Shashthi 12.07  
षष्ठी  
**4**

Bhishma Astami 10.00  
सप्तमी  
**5**

Rath Saptami

Ashtami 8.05  
अष्टमी  
Navami 30.23  
नवमी  
Waitangi Day **6**

Dasami 28.56  
दशमी  
**7**

Jaya Ekadashi 27.45  
जया एकादशी  
**8**

Dwadashi 26.55  
द्वादशी  
**9**

Trayodashi 26.27  
त्रयोदशी  
**10**

Chaturdashi 26.25  
चतुर्दशी  
**11**

Purnima 26.52  
पूर्णिमा  
**12**

Pratipada 27.51  
प्रतिपदा  
Krishna Paksh Starts  
Kumbh Sankranti **13**

Dwitiya 29.22  
द्वितीया  
Valentines Day  
**14**

Tritiya 7.22  
तृतीया  
Cont.  
Moon rise 21.56  
**15**

Tritiya 7.22  
तृतीया  
**16**

Chaturthi 9.45  
चतुर्थी  
**17**

Panchami 12.23  
पंचमी  
**18**

Shashthi 15.02  
षष्ठी  
**19**

Saptami 17.28  
सप्तमी  
**20**

Ashtami 19.27  
अष्टमी  
**21**

Navami 20.49  
नवमी  
**22**

Dasami 21.25  
दशमी  
**23**

Vijaya Ekadashi 21.14  
विजया एकादशी  
**24**

Dwadashi 20.17  
द्वादशी  
**25**

Trayodashi 18.38  
त्रयोदशी  
Mahashivratri **26**

Chaturdashi 16.24  
चतुर्दशी  
**27**

Amavasya 13.44  
अमावस्या  
**28**

**PHARMACY CARE FOR ALL**

Free Prescription | Free Delivery | Free Blister Pack  
Just send your prescription to us, and we will take care of your medication management at

Henderson Valley Pharmacy: 249 Henderson Valley Rd  
E: hendvalleyphcy@gmail.com | P: 09 837 0892  
The Caring Pharmacy: 411 Great North Road  
E: thecaringphcy@gmail.com | P: 09 838 4350  
Phone: Niranjana 0211573110

**FOOD 4 LESS** supermarket

Romit Prakash  
Managing Director

13 Veronica Street  
New Lynn, Auckland  
Ph: 09 826 4387  
E: newlynn@food4less.co.nz

Manurewa • Otahuhu • Homeware • New Lynn

**CONTROLS PLUS**  
ELECTRICAL & CONTROL CONTRACTORS

Precision Powering Your World with Innovative Electric Solutions!

Serving residential, commercial and industrial in Auckland, Hamilton, Rotorua and Palmerston North

Mob: 022 081 7231  
E: vimal@controlsplus.co.nz  
www.controlsplus.co.nz

**KAYSONS**  
HALLMARK OF FASHION

- Ethnic Clothing
- 22ct Gold Jewellery
- Imitation Jewellery

Shop Online [www.kaysons.co.nz](http://www.kaysons.co.nz) Like us on [kaysonsnz](https://www.facebook.com/kaysonsnz)

Phone: (09) 827 9006 Email: info@kaysons.co.nz

1/3115 Great North Road, New Lynn, Auckland

**KITCHEN AFTER 5**

Call now for your free quote for cabinets etc.

0272403663  
Arun Kumar

244B, Donbuck Massey, Auckland, New Zealand

**JSR** (LIFE MOTORS)

DIRECT IMPORTERS OF JAPANESE MOTOR VEHICLES/WHOLESALE/RETAILER

Quick & Easy Vehicle Finance

Ravi Kumar  
Director  
M: 021 0298 3339

A: 4B Freeman Way  
Mandeville City, Auckland  
P: 09 263 9255  
E: info@jsrlife.co.nz  
W: www.jsrlife.co.nz





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: info@shrirammandir.org.nz · www.shrirammandir.org.nz ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00

### Ramayan Mahima



रामकथा कलि कामद गाई। सुजन सजीवनि मूरि सुहाई।।

In Kaliyuga, Shri Ram Katha is like the wish fulfilling cow (kamadhenu) and Shri Ram Katha is a beautiful life-giving herb for the virtuous. {SRM 1-30}

## March 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Dwitiya 16.41 द्वितीया <b>31</b>	<b>FLIGHT DEALS</b> AIR TICKETS • TRAVEL INSURANCE HOTEL BOOKINGS • CRUISES 557 Blockhouse Bay Rd Blockhouse Bay, Auckland Email: info@flightdeals.nz 24 HOURS 09 391 5007	<b>LOTUS</b> FOREIGN EXCHANGE Your Trusted Partner for Currency Exchange and Remittance. www.lotusfx.com	Pratipada 10.46 प्रतिपदा <b>1</b>	Dwitiya 7.39 द्वितीया Tritiya 28.31 तृतीया <b>2</b>	<b>KITCHEN AFTER 5</b> Call now for your free quote for cabinets etc. 0272403663 Arun Kumar 244B, Donbuck Massey, Auckland, New Zealand	
Chaturthi 25.32 चतुर्थी <b>3</b>	Panchami 22.46 पंचमी <b>4</b>	Shashthi 20.21 षष्ठी <b>5</b>	Saptami 18.20 सप्तमी <b>6</b>	Ashtami 16.48 अष्टमी <b>7</b>	Navami 15.46 नवमी <b>8</b>	Dasami 15.15 दशमी <b>9</b> Faag Sammelan
Aamalaki Ekadashi 15.14 आमलकी एकादशी <b>10</b>	Dwadashi 15.43 द्वादशी <b>11</b>	Trayodashi 16.41 त्रयोदशी <b>12</b>	Chaturdashi 18.05 चतुर्दशी <b>13</b> Holika Dahan	Chaitanya Purnima Mahaprabhu Jayanti 19.53 पूर्णिमा <b>14</b> Dhuleti	Pratipada 22.03 प्रतिपदा <b>15</b> Meen Sankranti Krishna Paksh Starts	Dwitiya 24.28 द्वितीया <b>16</b>
Tritiya 27.03 तृतीया <b>17</b>	Chaturthi 29.39 चतुर्थी <b>18</b> Moon rise 21.10	Panchami cont. पंचमी <b>19</b>	Panchami 8.06 पंचमी <b>20</b>	Shashthi 10.15 षष्ठी <b>21</b>	Saptami 11.53 सप्तमी <b>22</b>	Ashtami 12.53 अष्टमी <b>23</b>
Navami 13.07 नवमी <b>24</b>	Dasami 12.35 दशमी <b>25</b>	Paap Mochni Ekadashi 11.15 पाप मोचनी एकादशी <b>26</b>	Dwadashi 9.12 द्वादशी Trayodashi 30.33 त्रयोदशी <b>27</b>	Chaturdashi 27.25 चतुर्दशी <b>28</b>	Amavasya 23.57 अमावस्या <b>29</b>	Ram Navami Pratipada Starts, Ugadi 20.19 प्रतिपदा <b>30</b> Chaitra Shukla Paksh Starts

**KAYSONS**  
HALLMARK OF FASHION

- Ethnic Clothing
- 22ct Gold Jewellery
- Imitation Jewellery

Shop Online: www.kaysons.co.nz Like us on: kaysonsnz

Phone: (09) 827 9006 Email: info@kaysons.co.nz

1/3115 Great North Road, New Lynn, Auckland

**KITCHEN AFTER 5**

Call now for your free quote for cabinets etc.  
0272403663  
Arun Kumar

244B, Donbuck Massey, Auckland, New Zealand

**JSR**  
LIFE MOTORS

DIRECT IMPORTERS OF JAPANESE MOTOR VEHICLES/WHOLESALE/RETAILER  
Quick & Easy Vehicle Finance

Ravi Kumar  
Director  
M: 021 0298 3339

A: 4B Freeman Way  
Manukau City, Auckland  
P: 09 263 9255  
E: info@jsrlife.co.nz  
W: www.jsrlife.co.nz

**PHARMACY CARE FOR ALL**

Free Prescription | Free Delivery | Free Blister Pack  
Just send your prescription to us, and we will take care of your medication management at

Henderson Valley Pharmacy: 249 Henderson Valley Rd  
E: hendvalleyphcy@gmail.com | P: 09 837 0892  
The Caring Pharmacy: 411 Great North Road  
E: thecaringphcy@gmail.com | P: 09 838 4350  
Phone: Niranjan 0211573110

**FOOD 4 LESS**  
supermarket

Romit Prakash  
Managing Director

13 Veronica Street  
New Lynn, Auckland  
Ph: 09 826 4387  
E: newlynn@food4less.co.nz

Manurewa • Otahuhu • Homeware • New Lynn

**CONTROLS PLUS**  
ELECTRICAL & CONTROL CONTRACTORS

Precision Powering Your World with Innovative Electric Solutions!

Serving residential, commercial and industrial in Auckland, Hamilton, Rotorua and Palmerston North

Mob: 022 081 7231  
E: vimal@controlsplus.co.nz  
www.controlsplus.co.nz





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: info@shrirammandir.org.nz · www.shrirammandir.org.nz ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00

### Ramayan Mahima

सोड बसुधातल सुधा तरंगिनि। भय भंजनि भ्रम भेक भुभंगिनि।।



The story of Bhagwan Shri Ram is a veritable river of nectar on the surface of this globe; it shatters the fear of birth and death and is a virtual snake for the frog of delusion. {SRM 1-30}the Kaliyuga. {SRM 1-30}

# April 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
--------	---------	-----------	----------	--------	----------	--------

SAVE FOOD  
SAVE OUR WORLD

Tritiya 13.12  
तृतीया

Matsya Jayanti ॐ **1**

Chaturthi 10.02  
चतुर्थी  
Panchami 31.19  
पंचमी

ॐ **2**

Shasthi 29.11  
षष्ठी

ॐ **3**

Saptami 27.42  
सप्तमी

ॐ **4**

Ashtami 26.56  
अष्टमी

ॐ **5**

Daylight Savings Ends  
Navami 25.52  
नवमी

Ram Navami **6**

Dasami 26.30  
दशमी

**7**

Kamada Ekadashi 27.42  
कामदा एकादशी

ॐ **8**

Dwadashi 29.25  
द्वादशी

ॐ **9**

Trayodashi 7.30  
त्रयोदशी  
Cont.

School Term 1 Ends

ॐ **10**

Trayodashi 7.30  
त्रयोदशी

ॐ **11**

Chaturdashi 9.51  
चतुर्दशी

ॐ **12**

Purnima 12.21  
पूर्णिमा

Hanuman Jayanti **13**

Pratipada 14.55  
प्रतिपदा

Mesh Sankranti  
Krishna Paksh Starts

**14**

Dwitiya 17.25  
द्वितीया

ॐ **15**

Tritiya 19.46  
तृतीया

ॐ **16**

Chaturthi 21.53  
चतुर्थी

Moon rise 19.57

**17**

Good Friday  
Panchami 23.37  
पंचमी

**18**

Shasthi 24.51  
षष्ठी

**19**

Saptami 25.30  
सप्तमी

**20**

Ashtami 25.28  
अष्टमी

Easter Monday

**21**

Navami 24.42  
नवमी

**22**

Dasami 23.13  
दशमी

**23**

Varuthini Ekadashi 21.02  
वरुथिनी एकादशी

ॐ **24**

Dwadashi 18.14  
द्वादशी

ANZAC Day

**25**

Trayodashi 14.57  
त्रयोदशी

**26**

Chaturdashi 11.19  
चतुर्दशी

**27**

School Term 2 Start  
Vaisakh Shukla Paksh Starts

Amavasya 7.30  
अमावस्या

Pratipada 27.40  
प्रतिपदा

**28**

Dwitiya 24.01  
द्वितीया

**29**

Akshay Tritiya, Nar Narayan, Hayagriv & Parsuram Jayanti

Tritiya 20.42  
तृतीया

ॐ **30**

**LOTUS**  
FOREIGN EXCHANGE

Your Trusted Partner for Currency Exchange and Remittance.

www.lotusfx.com

**FLIGHT DEALS**  
AIR TICKETS • TRAVEL INSURANCE  
HOTEL BOOKINGS • CRUISES

557 Blockhouse Bay Rd  
Blockhouse Bay, Auckland  
Email: info@flightdeals.nz

09 391 5007

**JSR**  
LIFE MOTORS

DIRECT IMPORTERS OF JAPANESE MOTOR VEHICLES/WHOLESALE/RETAILER

Quick & Easy Vehicle Finance

Ravi Kumar  
Director  
M: 021 0298 3339

A: 48 Freeman Way  
Manukau City, Auckland  
P: 09 263 9255  
E: info@jstrlife.co.nz  
W: www.jstrlife.co.nz

**PHARMACY CARE FOR ALL**  
Free Prescription | Free Delivery | Free Blister Pack  
Just send your prescription to us, and we will take care of your medication management at

Henderson Valley Pharmacy: 249 Henderson Valley Rd  
E: hendvalleyphcy@gmail.com | P: 09 837 0892  
The Caring Pharmacy: 411 Great North Road  
E: thecaringphcy@gmail.com | P: 09 838 4350  
Phone: Nirajan 0211573110

**FOOD 4LESS**  
supermarket

Romit Prakash  
Managing Director

13 Veronica Street  
New Lynn, Auckland  
Ph: 09 826 4387  
E: newlynn@food4less.co.nz

Manurewa • Otahuhu • Homeware • New Lynn

**CONTROLS PLUS**  
ELECTRICAL & CONTROL CONTRACTORS

Precision Powering Your World with Innovative Electric Solutions!

Serving residential, commercial and industrial in Auckland, Hamilton, Rotorua and Palmerston North

Mob: 022 081 7231  
E: vimal@controlsplus.co.nz  
www.controlsplus.co.nz

**KAYSONS**  
HALLMARK OF FASHION

- Ethnic Clothing
- 22ct Gold Jewellery
- Imitation Jewellery

Shop Online: www.kaysons.co.nz Like us on: kaysonsz

Phone: (09) 827 9006 Email: info@kaysons.co.nz

1/3115 Great North Road, New Lynn, Auckland

**KITCHEN AFTER 5**

Call now for your free quote for cabinets etc.

0272403663  
Arun Kumar

244B, Donbuck Massey, Auckland, New Zealand





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: info@shrirammandir.org.nz · www.shrirammandir.org.nz ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00

**Ramayan Mahima** असुर सेन सम नरक निकदिनि। साधु बिबुध कुल हित गिरिनिदिनि।  
 The story of Bhagwan Shri Ram is beneficent to pious souls-even as Goddess Parvati is friendly to gods; again, it puts an end to hell even as Parvati (Durga) exterminated the army of demons. {SRM 1-30}

# May 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
--------	---------	-----------	----------	--------	----------	--------

**FLIGHT DEALS**  
 AIR TICKETS • TRAVEL INSURANCE  
 HOTEL BOOKINGS • CRUISES

557 Blockhouse Bay Rd  
 Blockhouse Bay, Auckland  
 Email: info@flightdeals.nz

24 HOURS  
 09 391 5007

**LOTUS**  
 FOREIGN EXCHANGE

www.lotusfx.com

Chaturthi 17.53 चतुर्थी  
 1

Adi Shankaraacharya Jayanti  
 Panchami 15.44 पंचमी  
 2

Shasthi 14.21 षष्ठी  
 3

Saptami 13.48 सप्तमी  
 4

Ganga Utapatti

**CONTROLS PLUS**  
 ELECTRICAL & CONTROL CONTRACTORS

Precision Powering Your World with Innovative Electric Solutions!

Serving residential, commercial and industrial in Auckland, Hamilton, Rotorua and Palmerston North

Mob: 022 081 7231  
 E: vimal@controlsplus.co.nz  
 www.controlsplus.co.nz

**KAYSONS**  
 HALLMARK OF FASHION

- Ethnic Clothing
- 22ct Gold Jewellery
- Imitation Jewellery

Shop Online: www.kaysons.co.nz  
 Like us on: kaysonsnz

Phone: (09) 827 9006 Email: info@kaysons.co.nz  
 1/3115 Great North Road, New Lynn, Auckland

Ashtami 14.05 अष्टमी  
 5

Navami 15.08 नवमी  
 6

Shri Sita Navami

Dasami 16.49 दशमी  
 7

Mohini Ekadashi 18.59 मोहिनी एकादशी  
 8

Dwadashi 21.26 द्वादशी  
 9

Trayodashi 23.59 त्रयोदशी  
 10

Chaturdashi 26.31 चतुर्दशी  
 11

Mother's Day  
 Narsimh Jayanti

**KITCHEN AFTER 5**

Call now for your free quote for cabinets etc.

0272403663  
 Arun Kumar

244B, Donbuck Massey, Auckland, New Zealand

Purnima 28.55 पूर्णिमा  
 12

Kurma & Buddha Jayanti

Pratipada 31.05 प्रतिपदा  
 13

Narad Jayanti  
 Krishna Paksh Starts

Girmit Day  
 Dwitiya 8.59 द्वितीया cont.  
 14

Dwitiya 8.59 द्वितीया  
 15

Shri Shabha Sankranti

Tritiya 10.32 तृतीया  
 16

Moon rise 19.36

Chaturthi 11.43 चतुर्थी  
 17

Panchami 12.27 पंचमी  
 18

**JSR**  
 LIFE MOTORS

DIRECT IMPORTERS OF JAPANESE MOTOR VEHICLES/WHOLESALE/RETAILER

Quick & Easy Vehicle Finance

Ravi Kumar  
 Director  
 M: 021 0298 3339

A: 4B Freeman Way  
 Manukau City, Auckland  
 P: 09 263 9255  
 E: info@jstrlife.co.nz  
 W: www.jstrlife.co.nz

Shasthi 12.41 षष्ठी  
 19

Saptami 12.21 सप्तमी  
 20

Ashtami 11.25 अष्टमी  
 21

Navami 9.51 नवमी  
 22

Dasami 7.42 दशमी  
 23

Apara Ekadashi 28.59 अपरा एकादशी

Dwadashi 25.50 द्वादशी  
 24

Vaishnava Ekadashi

Trayodashi 22.21 त्रयोदशी  
 25

**PHARMACY CARE FOR ALL**

Free Prescription | Free Delivery | Free Blister Pack  
 Just send your prescription to us, and we will take care of your medication management at

Henderson Valley Pharmacy: 249 Henderson Valley Rd  
 E: hendvalleyphcy@gmail.com | P: 09 837 0892  
 The Caring Pharmacy: 411 Great North Road  
 E: thecaringphcy@gmail.com | P: 09 838 4350  
 Phone: Niranjan 0211573110

Chaturdashi 18.41 चतुर्दशी  
 26

Amavasya 15.01 अमावस्या  
 27

Shani Jayanti

Ganga Dash-hara Starts  
 Pratipada 11.32 प्रतिपदा  
 28

Jeshta Shukla Paksh Starts

Dwitiya 8.24 द्वितीया  
 29

Tritiya 29.48 तृतीया

Chaturthi 27.52 चतुर्थी  
 30

Panchami 26.45 पंचमी  
 31

**LOTUS**  
 FOREIGN EXCHANGE

Your trusted partner for currency exchange and remittance

**FOOD 4 LESS**  
 supermarket

Romit Prakash  
 Managing Director

13 Veronica Street  
 New Lynn, Auckland  
 Ph: 09 826 4387  
 E: newlynn@food4less.co.nz

Manurewa • Otahuhu • Homeware • New Lynn





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: [info@shrirammandir.org.nz](mailto:info@shrirammandir.org.nz) · [www.shrirammandir.org.nz](http://www.shrirammandir.org.nz) ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00

**Ramayan Mahima** संत समाज पयोधि रमा सी। बिस्व भार भर अचल छमा सी।  
 Just like Maa Lakshmi originated from the churning of the ocean (Samudra Manthan)  
 The story of Bhagwan Shri Ram flows from the assemblage of saints, even as  
 Lakshmi; and like the immovable earth it nourish the entire creation. {SRM 1-30}

**June 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
--------	---------	-----------	----------	--------	----------	--------

Panchami  
15.53  
पंचमी  
**30**

**LOTUS**  
FOREIGN EXCHANGE  
Your Trusted Partner for  
Currency Exchange and  
Remittance.  
www.lotusfx.com

Shri Ram Mandir  
10th Anniversary  
Program  
Wed 11 Jun to  
Sun 15 Jun.

**FLIGHT DEALS**  
AIR TICKETS • TRAVEL INSURANCE  
HOTEL BOOKINGS • CRUISES  
557 Blockhouse Bay Rd  
Blockhouse Bay, Auckland  
Email: [info@flightdeals.nz](mailto:info@flightdeals.nz) 09 391 5007

Shashthi  
26.29  
षष्ठी  
**1**

**KITCHEN AFTER 5**  
Call now for your free quote for  
cabinets etc.  
0272403663  
Arun Kumar  
244B, Donbuck Massey, Auckland, New Zealand

**JSR**  
LIFE MOTORS  
DIRECT IMPORTERS OF JAPANESE MOTOR VEHICLES/WHOLESALE/RETAILER  
Quick & Easy Vehicle Finance  
Ravi Kumar  
Director  
M: 021 0298 3339  
A: 4B Freeman Way  
Manukau City, Auckland  
P: 09 263 9255  
E: [info@jstrlife.co.nz](mailto:info@jstrlife.co.nz)  
W: [www.jstrlife.co.nz](http://www.jstrlife.co.nz)

Saptami  
27.04  
सप्तमी  
King's  
Birthday  
**2**

Ashtami  
28.26  
अष्टमी  
**3**

Navami  
30.24  
नवमी  
**4**

Ganga Dash-hara  
Ends  
Dasami  
दशमी  
cont.  
**5**

Dasami  
8.45  
दशमी  
Gayatri  
Jayanti  
**6**

Nirjala Ekadashi  
11.17  
निर्जला एकादशी  
**7**

Dwadashi  
13.47  
द्वादशी  
**8**

**PHARMACY CARE FOR ALL**  
Free Prescription | Free Delivery | Free Blister Pack  
Just send your prescription to us, and we will take care of  
your medication management at  
Henderson Valley Pharmacy: 249 Henderson Valley Rd  
E: [hendvalleyphcy@gmail.com](mailto:hendvalleyphcy@gmail.com) | P: 09 837 0892  
The Caring Pharmacy: 411 Great North Road  
E: [thecaringphcy@gmail.com](mailto:thecaringphcy@gmail.com) | P: 09 838 4350  
Phone: Niranjan 0211573110

Trayodashi  
16.05  
त्रयोदशी  
**9**

Chaturdashi  
18.05  
चतुर्दशी  
**10**

Kabir Jayanti  
Purnima  
19.43  
पूर्णिमा  
Shri Ram Mandir  
10th Anniversary  
Program Starts  
**11**

Krishna  
Pakhsh  
Starts  
Pratipada  
20.57  
प्रतिपदा  
Shri Ram Mandir  
10th Anniversary  
Program Day 2  
**12**

Dwitiya  
21.48  
द्वितीया  
Shri Ram Mandir  
Anniversary  
Program  
Day 3  
**13**

Tritiya  
22.16  
तृतीया  
Shri Ram Mandir  
Anniversary  
Program  
Day 4  
**14**

Mithun  
Sankranti  
Chaturthi  
22.21  
चतुर्थी  
Moon rise  
20.41  
Anniversary  
Program Day 5  
**15**

**FOOD 4 LESS**  
supermarket  
Romit Prakash  
Managing Director  
13 Veronica Street  
New Lynn, Auckland  
Ph: 09 826 4387  
E: [newlynn@food4less.co.nz](mailto:newlynn@food4less.co.nz)  
Manurewa • Otahuhu • Homeware • New Lynn

Panchami  
22.01  
पंचमी  
**16**

Shashthi  
21.16  
षष्ठी  
**17**

Saptami  
20.04  
सप्तमी  
**18**

Ashtami  
18.25  
अष्टमी  
**19**

Navami  
16.19  
नवमी  
Matariki  
**20**

Dasami  
13.48  
दशमी  
International  
Yoga Day  
**21**

Yogini Ekadashi  
10.57  
योगिनी एकादशी  
**22**

**CONTROLS PLUS**  
ELECTRICAL & CONTROL CONTRACTORS  
Precision Powering Your World with Innovative Electric Solutions!  
Serving residential, commercial and  
industrial in Auckland, Hamilton, Rotorua  
and Palmerston North  
Mob: 022 081 7231  
E: [vimal@controlsplus.co.nz](mailto:vimal@controlsplus.co.nz)  
[www.controlsplus.co.nz](http://www.controlsplus.co.nz)

Dwadashi  
7.51  
द्वादशी  
Trayodashi  
28.39  
त्रयोदशी  
**23**

Chaturdashi  
25.29  
चतुर्दशी  
**24**

Amavasya  
22.30  
अमावस्या  
**25**

Ashadh  
Shukla  
Pakhsh  
Starts  
Pratipada  
19.54  
प्रतिपदा  
**26**

School  
Term 2  
Ends  
Dwitiya  
17.49  
द्वितीया  
Rath Yatra  
**27**

Tritiya  
16.23  
तृतीया  
**28**

Chaturthi  
15.44  
चतुर्थी  
**29**

**KAYSONS**  
HALLMARK OF FASHION  
• Ethnic Clothing  
• 22ct Gold Jewellery  
• Imitation Jewellery  
Shop Online  
[www.kaysons.co.nz](http://www.kaysons.co.nz) Like us on  
[kaysonsnz](https://www.facebook.com/kaysonsnz)  
Phone: (09) 827 9006 Email: [info@kaysons.co.nz](mailto:info@kaysons.co.nz)  
1/3115 Great North Road, New Lynn, Auckland





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: info@shrirammandir.org.nz · www.shrirammandir.org.nz ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00

### Ramayan Mahima

जम गन मुहँ मसि जग जमुना सी। जीवन मुकति हेतु जनु कासी।।



The story of Bhagwan Shri Ram is Like the sacred river Yamuna in this world; it scares away the messengers of Yama (the god of death). As well as, It can liberate us from the cycle of birth and death like the holy city Kashi. {SRM 1-30}

# July 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>LOTUS</b> FOREIGN EXCHANGE Your trusted partner for currency exchange and remittance	Shasthi 16.50 षष्ठी	Saptami 18.28 सप्तमी	Ashtami 20.36 अष्टमी	Navami 23.01 नवमी	Dasami 25.28 दशमी	Devsayani Ekadashi 27.44 देवसयनी एकादशी
<b>7</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b> Chatur Maas Starts
Dwadashi 29.40 द्वादशी	Trayodashi 31.08 त्रयोदशी	Chaturdashi चतुर्दशी Cont.	Chaturdashi 8.06 चतुर्दशी 	Purnima 8.36 पूर्णिमा	Pratipada 8.38 प्रतिपदा	Dwitiya 8.16 द्वितीया
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> Krishna Paksh Starts	<b>13</b>	
School Term 3 Start Tritiya 7.32 तृतीया Chaturthi 30.29	Panchami 29.08 पंचमी	Shasthi 27.31 षष्ठी	Saptami 25.38 सप्तमी	Ashtami 23.31 अष्टमी	Navami 21.11 नवमी	Dasami 18.42 दशमी
<b>14</b>	<b>15</b>	<b>16</b> Kark Sankranti	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Kamika Ekadashi 16.08 कामिका एकादशी	Dwadashi 13.35 द्वादशी	Trayodashi 11.09 त्रयोदशी	Chaturdashi 8.58 चतुर्दशी Amavasya 31.10 अमावस्या	Pratipada 29.52 प्रतिपदा	Dwitiya 29.11 द्वितीया	Tritiya 29.11 तृतीया
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> Shravan Shukla Paksh Starts	<b>26</b> Akhand Ramayan Paath Day 1	<b>27</b> Akhand Ramayan Paath Day 2
Chaturthi 29.54 चतुर्थी	Panchami 31.16 पंचमी 	Shasthi Cont.	Shasthi 9.11 षष्ठी 	<b>28</b>	<b>29</b>	<b>30</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>LOTUS</b> FOREIGN EXCHANGE www.lotusfx.com	<b>FLIGHT DEALS</b> AIR TICKETS • TRAVEL INSURANCE HOTEL BOOKINGS • CRUISES 557 Blockhouse Bay Rd Blockhouse Bay, Auckland Email: info@flightdeals.nz 09 391 5007	<b>KITCHEN AFTER 5</b> Call now for your free quote for cabinets etc. 0272403663 Arun Kumar

**JSR**  
LIFE MOTORS

DIRECT IMPORTERS OF JAPANESE MOTOR VEHICLES/WHOLESALE/RETAILER

**Quick & Easy Vehicle Finance**

**Ravi Kumar**  
Director  
M: 021 0298 3339

A: 48 Freeman Way  
Manukau City, Auckland  
P: 09 263 9255  
E: info@jstrife.co.nz  
W: www.jstrife.co.nz

**PHARMACY CARE FOR ALL**

Free Prescription | Free Delivery | Free Blister Pack

Just send your prescription to us, and we will take care of your medication management at

Henderson Valley Pharmacy: 249 Henderson Valley Rd  
E: hendvalleyphcy@gmail.com | P: 09 837 0892  
The Caring Pharmacy: 411 Great North Road  
E: thecaringphcy@gmail.com | P: 09 838 4350  
Phone: Niranjan 0211573110

**FOOD 4LESS**  
supermarket

**Romit Prakash**  
Managing Director

13 Veronica Street  
New Lynn, Auckland  
Ph: 09 826 4387  
E: newlynn@food4less.co.nz

Manurewa • Otahuhu • Homeware • New Lynn

**CONTROLS PLUS**  
ELECTRICAL & CONTROL CONTRACTORS

Precision Powering Your World with Innovative Electric Solutions!

Serving residential, commercial and industrial in Auckland, Hamilton, Rotorua and Palmerston North

Mob: 022 081 7231  
E: vimal@controlsplus.co.nz  
www.controlsplus.co.nz

**KAYSONS**  
HALLMARK OF FASHION

- Ethnic Clothing
- 22ct Gold Jewellery
- Imitation Jewellery

Shop Online: www.kaysons.co.nz Like us on: kaysonsz

Phone: (09) 827 9006 Email: info@kaysons.co.nz

1/3115 Great North Road, New Lynn, Auckland

**KITCHEN AFTER 5**

Call now for your free quote for cabinets etc.

0272403663  
Arun Kumar

244B, Donbuck Massey, Auckland, New Zealand





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: info@shrirammandir.org.nz · www.shrirammandir.org.nz ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00

Ramayan Mahima							August 2025	
<p>रामहि प्रिय पावनि तुलसी सी। तुलसिदास हित हियँ हुलसी सी।। Shri Ram Katha is dear to Shri Ram as the sacred basil plant (Tulsi) and is special for Tulsidas Ji as His own mother, Hulasi. (SRM 1-30)</p>								
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
<b>FLIGHT DEALS</b> AIR TICKETS • TRAVEL INSURANCE HOTEL BOOKINGS • CRUISES  557 Blockhouse Bay Rd Blockhouse Bay, Auckland Email: info@flightdeals.nz <b>09 391 5007</b>	<b>LOTUS</b> FOREIGN EXCHANGE Your Trusted Partner for Currency Exchange and Remittance. www.lotusfx.com	<b>LOTUS</b> FOREIGN EXCHANGE Your Trusted Partner for Currency Exchange and Remittance. www.lotusfx.com	<b>LOTUS</b> FOREIGN EXCHANGE Your Trusted Partner for Currency Exchange and Remittance. www.lotusfx.com	Saptami 11.28 सप्तमी <b>1</b>	Ashtami 13.53 अष्टमी <b>2</b>	Navami 16.12 नवमी <b>3</b> Nakul Navami		
Dasami 18.11 दशमी <b>4</b>	Putrada Ekadashi 19.42 पुत्रदा एकादशी <b>5</b>	Dwadashi 20.38 द्वादशी <b>6</b>	Trayodashi 20.57 त्रयोदशी <b>7</b>	Chaturdashi 20.42 चतुर्दशी <b>8</b>	Purnima 19.54 पूर्णिमा <b>9</b> Raksha Bandhan	Krishna Ashtami Starts 18.39 प्रतिपदा <b>10</b> Krishna Paksh Starts		
Dwitiya 17.03 द्वितीया <b>11</b>	Tritiya 15.10 तृतीया <b>12</b> Moon rise 20.53	Chaturthi 13.05 चतुर्थी <b>13</b>	Panchami 10.53 पंचमी <b>14</b>	Shasthi 8.37 षष्ठी Saptami 30.19 सप्तमी India Independence Day <b>15</b>	Ashtami 28.04 अष्टमी <b>16</b> Krishna Janmashtami	Navami 25.54 नवमी <b>17</b> Simha Sankranti		
Dasami 23.52 दशमी <b>18</b>	Aja Ekadashi 22.02 अजा एकादशी <b>19</b>	Dwadashi 20.28 द्वादशी <b>20</b>	Trayodashi 19.14 त्रयोदशी <b>21</b>	Chaturdashi 18.25 चतुर्दशी <b>22</b>	Amavasya 18.05 अमावस्या <b>23</b> Kush Grahini Amavasya	Pratipada 18.18 प्रतिपदा <b>24</b> Bhadrapad Shukla Paksh Starts		
Dwitiya 19.04 द्वितीया <b>25</b>	Tritiya 20.24 तृतीया <b>26</b> Varah Jayanti, Hartalika Teej	Chaturthi 22.14 चतुर्थी <b>27</b> Ganesh Chaturthi Ganesh Utsav	Panchami 24.26 पंचमी <b>28</b> Rishi Panchami	Shasthi 26.51 षष्ठी <b>29</b>	Saptami 29.16 सप्तमी <b>30</b>	Ashtami Cont. अष्टमी <b>31</b> Radha Astami		

**PHARMACY CARE FOR ALL**  
Free Prescription | Free Delivery | Free Blister Pack  
Just send your prescription to us, and we will take care of your medication management at  
Henderson Valley Pharmacy: 249 Henderson Valley Rd  
E: hendvalleyphcy@gmail.com | P: 09 837 0892  
The Caring Pharmacy: 411 Great North Road  
E: thecaringphcy@gmail.com | P: 09 838 4350  
Phone: Niranjan 0211573110

**FOOD 4 LESS** supermarket  
Romit Prakash  
Managing Director  
13 Veronica Street  
New Lynn, Auckland  
Ph: 09 826 4387  
E: newlynn@food4less.co.nz  
Manurewa • Otahuhu • Homeware • New Lynn

**CONTROLS PLUS**  
ELECTRICAL & CONTROL CONTRACTORS  
Precision Powering Your World with Innovative Electric Solutions!  
Serving residential, commercial and industrial in Auckland, Hamilton, Rotorua and Palmerston North  
Mob: 022 081 7231  
E: vimal@controlsplus.co.nz  
www.controlsplus.co.nz

**KAYSONS**  
HALLMARK OF FASHION  
• Ethnic Clothing  
• 22ct Gold Jewellery  
• Imitation Jewellery  
Shop Online: www.kaysons.co.nz Like us on: facebook.com/kaysonsz  
Phone: (09) 827 9006 Email: info@kaysons.co.nz  
1/3115 Great North Road, New Lynn, Auckland

**KITCHEN AFTER 5**  
Call now for your free quote for cabinets etc.  
0272403663  
Arun Kumar  
244B, Donbuck Massey, Auckland, New Zealand

**JSR** (JAPANESE MOTOR)  
DIRECT IMPORTERS OF JAPANESE MOTOR VEHICLES/WHOLESALE/RETAILER  
Quick & Easy Vehicle Finance  
Ravi Kumar  
Director  
M: 021 0298 3339  
A: 4B Freeman Way  
Mandau City, Auckland  
P: 09 263 9285  
E: info@jsrlife.co.nz  
W: www.jsrlife.co.nz





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: info@shrirammandir.org.nz · www.shrirammandir.org.nz ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00

### Ramayan Mahima

सिवप्रय मेकल सैल सुता सी। सकल सिद्धि सुख संपति रासी।।



Shri Ram Katha is as dear to Bhagwan Shiv as the river Narmada (which originated from Mount Mekala in Amarkantak) and Shri Ram Katha is the source of all material and spiritual treasures. [SRM 1-30]

## September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Ashtami 7.27 अष्टमी <b>1</b>	Navami 9.13 नवमी <b>2</b>	Dasami 10.23 दशमी <b>3</b>	Parivartini Ekadashi 10.51 परिवर्तनी एकादशी  Vaman Jayanti <b>4</b>	Dwadashi 10.38 द्वादशी  <b>5</b>	Trayodashi 9.42 त्रयोदशी Anant Chaturdashi  <b>6</b>	Chaturdashi 8.11 चतुर्दशी Purnima 30.08 पूर्णिमा  <b>7</b> Father's Day
Pitar Paksh Starts Krishna Paksh Starts Pratipada 27.41 प्रतिपदा <b>8</b>	Dwitiya 24.58 द्वितीया <b>9</b>	Tritiya 22.07 तृतीया <b>10</b>	Chaturthi 19.15 चतुर्थी  Moon rise 22.15 <b>11</b>	Panchami 16.28 पंचमी  <b>12</b>	Shasthi 13.53 षष्ठी <b>13</b>	Saptami 11.34 सप्तमी <b>14</b>
Ashtami 9.36 अष्टमी  <b>15</b>	Navami 8.01 नवमी <b>16</b>	Dasami 6.51 दशमी Kanya Sankranti <b>17</b>	Indira Ekadashi 6.09 इंदिरा एकादशी Dwadashi 29.54 द्वादशी  <b>18</b>	School Term 3 Ends Trayodashi 30.06 त्रयोदशी  <b>19</b>	Chaturdashi चतुर्दशी Cont.  Tambura Bhajan <b>20</b>	Pitar Paksh Ends Chaturdashi 6.46 चतुर्दशी  Samuhik Tarpan <b>21</b>
Navratri Starts Ashwin Shukla Paksh Starts Amavasya 7.53 अमावस्या <b>22</b>	Pratipada 9.25 प्रतिपदा <b>23</b>	Dwitiya 11.21 द्वितीया <b>24</b>	Tritiya 13.36 तृतीया <b>25</b>	Chaturthi 16.02 चतुर्थी <b>26</b>	Panchami 18.33 पंचमी  <b>27</b>	Shasthi 21.57 षष्ठी Daylight Savings Starts <b>28</b>
Saptami 24.01 सप्तमी <b>29</b>	Maha Ashtami 25.36 अष्टमी  <b>30</b>	<b>LOTUS</b> FOREIGN EXCHANGE Your Trusted Partner for Currency Exchange and Remittance. 557 Blockhouse Bay Rd, Blockhouse Bay, Auckland Email: info@flightdeals.nz 09 391 5007				

**FOOD 4 LESS** supermarket  
Romit Prakash  
Managing Director  
13 Veronica Street  
New Lynn, Auckland  
Ph: 09 826 4387  
E: newlynn@food4less.co.nz  
Manurewa • Otahuhu • Homeware • New Lynn

**CONTROLS PLUS**  
ELECTRICAL & CONTROL CONTRACTORS  
Precision Powering Your World with Innovative Electric Solutions!  
Serving residential, commercial and industrial in Auckland, Hamilton, Rotorua and Palmerston North  
Mob: 022 081 7231  
E: vimal@controlsplus.co.nz  
www.controlsplus.co.nz

**KAYSONS**  
HALLMARK OF FASHION  
Ethnic Clothing  
22ct Gold Jewellery  
Imitation Jewellery  
Shop Online  
www.kaysons.co.nz  
Phone: (09) 827 9006  
1/3115 Great North Road, New Lynn, Auckland

**KITCHEN AFTER 5**  
Call now for your free quote for cabinets etc.  
0272403663  
Arun Kumar  
244B, Donbuck Massey, Auckland, New Zealand

**JSR** (LIFE MOTORS)  
DIRECT IMPORTERS OF JAPANESE MOTOR VEHICLES/WHOLESALE/RETAILER  
Quick & Easy Vehicle Finance  
Ravi Kumar  
Director  
M: 021 0298 3339  
A: 4B Freeman Way, Manukau City, Auckland  
P: 09 263 9255  
E: info@jsrlife.co.nz  
W: www.jsrlife.co.nz

**PHARMACY CARE FOR ALL**  
Free Prescription | Free Delivery | Free Blister Pack  
Just send your prescription to us, and we will take care of your medication management at  
Henderson Valley Pharmacy: 249 Henderson Valley Rd  
E: hendvalleyphcy@gmail.com | P: 09 837 0892  
The Caring Pharmacy: 411 Great North Road  
E: thecaringphcy@gmail.com | P: 09 838 4350  
Phone: Niranjana 0211573110





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: info@shrirammandir.org.nz · www.shrirammandir.org.nz ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00

### Ramayan Mahima

सदगुण सुरगन अंब अदिति सी। रघुबर भगति प्रेम परमिति सी।।

The story of Bhagwan Shri Ram is mother of noble qualities like mother Aditi is to gods; it is the highest point as it were of devotion to and love for Bhagwan Shri Ram. {SRM 1-30}



# October 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
--------	---------	-----------	----------	--------	----------	--------

**FLIGHT DEALS**  
AIR TICKETS • TRAVEL INSURANCE  
HOTEL BOOKINGS • CRUISES

557 Blockhouse Bay Rd  
Blockhouse Bay, Auckland  
Email: info@flightdeals.nz

24 HOURS  
09 391 5007

Navami 26.31  
नवमी

**1**

Navratri Ends

Dasami 26.40  
दशमी

Vijaya Dasami  
Gandhi Jayanti

**2**

Paapankusha Ekadashi 26.02  
पापकुशा एकादशी

**3**

Dwadashi 24.39  
द्वादशी

**4**

Trayodashi 22.33  
त्रयोदशी

**5**

Chaturdashi 19.53  
चतुर्दशी

Sarad Purnima  
School Term 4 Start

**6**

Purnima 16.46  
पूर्णिमा

Valmiki Jayanti

**7**

Pratipada 13.23  
प्रतिपदा

Krishna Paksh Starts

**8**

Dwitiya 9.52  
द्वितीया

Tritiya 30.24  
तृतीया

Fiji Day, Karwa Choath  
Moon rise 23.29

**9**

Chaturthi 27.08  
चतुर्थी

**10**

Panchami 24.13  
पंचमी

**11**

Shasthi 21.46  
षष्ठी

**12**

Saptami 19.54  
सप्तमी

Ahoyi Ashtami

**13**

Ashtami 18.39  
अष्टमी

**14**

Navami 18.03  
नवमी

**15**

Dasami 18.05  
दशमी

Tula Sankranti

**16**

Rama Ekadashi 18.42  
रमा एकादशी

**17**

Dwadashi 19.48  
द्वादशी

**18**

Trayodashi 21.21  
त्रयोदशी

Dhanteras  
Dhanvantari Jayanti

**19**

Chaturdashi 23.14  
चतुर्दशी

Narak Chaturdashi

**20**

Amavasya 25.24  
अमावस्या

Diwali

**21**

Pratipada 27.46  
प्रतिपदा

Kartik Shukla Paksh Starts

**22**

Dwitiya 30.16  
द्वितीया

Bhai Duj

**23**

Tritiya Cont.  
तृतीया

**24**

Tritiya 8.49  
तृतीया

**25**

Chaturthi 11.18  
चतुर्थी

**26**

Labour Day 13.34  
पंचमी

Labh Panchami

**27**

Shasthi 15.29  
षष्ठी

Surya Chhiath Puja

**28**

Saptami 16.53  
सप्तमी

Jalaram Jayanti

**29**

Ashtami 17.36  
अष्टमी

Gopastami

**30**

Navami 17.33  
नवमी

**31**

**CONTROLS PLUS**  
ELECTRICAL & CONTROL CONTRACTORS

Precision Powering Your World with Innovative Electric Solutions!

Serving residential, commercial and industrial in Auckland, Hamilton, Rotorua and Palmerston North

Mob: 022 081 7231  
E: vimal@controlsplus.co.nz  
www.controlsplus.co.nz

**KAYSONS**  
HALLMARK OF FASHION

- Ethnic Clothing
- 22ct Gold Jewellery
- Imitation Jewellery

Shop Online: www.kaysons.co.nz Like us on: kaysonsnz

Phone: (09) 827 9006 Email: info@kaysons.co.nz

1/3115 Great North Road, New Lynn, Auckland

**KITCHEN AFTER 5**

Call now for your free quote for cabinets etc.

0272403663  
Arun Kumar

244B, Donbuck Massey, Auckland, New Zealand

**JSR**  
LIFE MOTORS

DIRECT IMPORTERS OF JAPANESE MOTOR VEHICLES/WHOLESALE/RETAILER

Quick & Easy Vehicle Finance

Ravi Kumar  
Director  
M: 021 0298 3339

A: 48 Freeman Way  
Manukau City, Auckland  
P: 09 263 9255  
E: info@jsrlife.co.nz  
W: www.jsrlife.co.nz

**PHARMACY CARE FOR ALL**

Free Prescription | Free Delivery | Free Blister Pack

Just send your prescription to us, and we will take care of your medication management at

Henderson Valley Pharmacy: 249 Henderson Valley Rd  
E: hendervalleyphcy@gmail.com | P: 09 837 0892  
The Caring Pharmacy: 411 Great North Road  
E: thecaringphcy@gmail.com | P: 09 838 4350  
Phone: Niranjana 0211573110

**FOOD 4 LESS**  
supermarket

Romit Prakash  
Managing Director

13 Veronica Street  
New Lynn, Auckland  
Ph: 09 826 4387  
E: newlynn@food4less.co.nz

Manurewa • Otahuhu • Homeware • New Lynn





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: info@shrirammandir.org.nz · www.shrirammandir.org.nz ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00

**Ramayan Mahima** महामोहो महिषेसु बिसाला। रामकथा कालिका कराला।।

Appalling ignorance is like the gigantic demon Mahisasur (so-called because he was endowed with the form of a buffalo); while the story of Bhagwan Shri Ram is the dread Kalika (who killed demon Mahisasur). Hence, like Kalika killed Mahishasura Shri Ram Katha can eliminate appalling ignorance. (SRM 1-46)

### November 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
--------	---------	-----------	----------	--------	----------	--------

**FLIGHT DEALS** AIR TICKETS • TRAVEL INSURANCE HOTEL BOOKINGS • CRUISES

557 Blockhouse Bay Rd Blockhouse Bay, Auckland Email: info@flightdeals.nz

09 391 5007

**LOTUS** FOREIGN EXCHANGE

Your Trusted Partner for Currency Exchange and Remittance.

www.lotusfx.com

SAVE FOOD SAVE OUR WORLD

Dasami 16.41 दशमी	Prabodhini Ekadashi 15.01 प्रबोधिनी एकादशी
1	2
	Tulsi Vivah Chatur Maas Ends

**PHARMACY CARE FOR ALL**

Free Prescription | Free Delivery | Free Blister Pack

Just send your prescription to us, and we will take care of your medication management at

Henderson Valley Pharmacy: 249 Henderson Valley Rd  
E: hendvalleyphcy@gmail.com | P: 09 837 0892  
The Caring Pharmacy: 411 Great North Road  
E: thecaringphcy@gmail.com | P: 09 838 4350  
Phone: Niranjan 0211573110

**FOOD 4 LESS** supermarket

Romit Prakash Managing Director

13 Veronica Street New Lynn, Auckland Ph: 09 826 4387 E: newlynn@food4less.co.nz

Manurewa • Otahuhu • Homeware • New Lynn

Dwadashi 12.37 द्वादशी	Trayodashi 9.35 त्रयोदशी	Purnima 26.18 पूर्णिमा	Pratipada 22.24 प्रतिपदा	Dwitiya 18.35 द्वितीया	Tritiya 15.02 तृतीया	Chaturthi 11.55 चतुर्थी
3	4	5	6	7	8	9
	Vaikunth Chaturdashi	Guru Nanak Jayanti	Krishna Paksh Starts		Moon rise 23.32	

**CONTROLS PLUS** ELECTRICAL & CONTROL CONTRACTORS

Precision Powering Your World with Innovative Electric Solutions!

Serving residential, commercial and industrial in Auckland, Hamilton, Rotorua and Palmerston North

Mob: 022 081 7231 E: vimal@controlsplus.co.nz www.controlsplus.co.nz

Panchami 9.24 पंचमी	Shashthi 7.37 षष्ठी	Saptami 6.38 सप्तमी	Ashtami 6.28 अष्टमी	Navami 7.03 नवमी	Dasami 8.19 दशमी	Utapanna Ekadashi 10.07 उत्पन्ना एकादशी
10	11	12	13	14	15	16
		Kalbhairav Jayanti				Vrischik Sankranti

**KAYSONS** HALLMARK OF FASHION

- Ethnic Clothing
- 22ct Gold Jewellery
- Imitation Jewellery

Shop Online: www.kaysons.co.nz Like us on: kaysonsnz

Phone: (09) 527 9006 Email: info@kaysons.co.nz

1/3115 Great North Road, New Lynn, Auckland

Dwadashi 12.17 द्वादशी	Trayodashi 14.42 त्रयोदशी	Chaturdashi 17.13 चतुर्दशी	Amavasya 19.46 अमावस्या	Pratipada 22.17 प्रतिपदा	Dwitiya 24.41 द्वितीया	Tritiya 26.54 तृतीया
17	18	19	20	21	22	23
				Marghashish Shukla Paksh Starts		

**KITCHEN AFTER 5**

Call now for your free quote for cabinets etc.

0272403663 Arun Kumar

244B, Donbuck Massey, Auckland, New Zealand

Chaturthi 28.52 चतुर्थी	Panchami 6.26 पंचमी Cont.	Panchami 6.26 पंचमी	Shashthi 7.31 षष्ठी	Saptami 7.59 सप्तमी	Ashtami 7.45 अष्टमी	Navami 6.45 नवमी	Dasami 28.59 दशमी
24	25	26	27	28	29	30	
	Sitaram Vivah Panchami	Kartikey Jayanti					

**JSR** (LIFE MOTORS)

DIRECT IMPORTERS OF JAPANESE MOTOR VEHICLES/WHOLESALE/RETAILER

Quick & Easy Vehicle Finance

Ravi Kumar Director M: 021 0298 3339

48 Freeman Way Manurewa City, Auckland P: 09 263 9285 E: info@jsrlife.co.nz W: www.jsrlife.co.nz





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: info@shrirammandir.org.nz · www.shrirammandir.org.nz ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00

### Ramayan Mahima



रामकथा ससि किरन समाना। संत चकोर करहि जेहि पाना।।

The beautiful story of Bhagwan Shri Ram is like the moonbeams that are drunk in by Chakor bird in the form of saints. [SRM 1-46]

## December 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Mokshada Ekadashi 26.31 मौखदा एकादशी 1	Dwadashi 23.27 द्वादशी 2	Trayodashi 19.55 त्रयोदशी 3	Chaturdashi 16.07 चतुर्दशी 4	Purnima 12.13 पूर्णिमा 5	Pratipada 8.25 प्रतिपदा Dwitiva 28.55 द्वितीया 6	Tritiya 25.54 तृतीया 7	
Chaturthi 23.33 चतुर्थी 8	Panchami 21.58 पंचमी 9	Shashthi 21.16 षष्ठी 10	Saptami 21.26 सप्तमी 11	Ashtami 22.26 अष्टमी 12	Navami 24.07 नवमी 13	Dasami 26.19 दशमी 14	
Saphala Ekadashi 28.49 सफला एकादशी 15	Dwadashi द्वादशी Cont. Dhanu Sankranti Khar Maas Starts 16	Dwadashi 7.27 द्वादशी 17	Trayodashi 10.02 त्रयोदशी 18	Chaturdashi 12.29 चतुर्दशी 19	Amavasya 14.42 अमावस्या 20	Pratipada 16.40 प्रतिपदा 21	
Dwitiva 18.21 द्वितीया 22	Tritiya 19.42 तृतीया 23	Chaturthi 20.41 चतुर्थी 24	Panchami 21.12 पंचमी Christmas 25	Shashthi 21.13 षष्ठी Boxing Day 26	Saptami 20.39 सप्तमी 27	Ashtami 19.29 अष्टमी 28	
Navami 17.42 नवमी 29	Dasami 15.20 दशमी 30	Putrada Ekadashi 12.30 पुत्रदा एकादशी 31	<b>FLIGHT DEALS</b> AIR TICKETS • TRAVEL INSURANCE HOTEL BOOKINGS • CRUISES 557 Blockhouse Bay Rd Blockhouse Bay, Auckland Email: info@flightdeals.nz 09 391 5007				<b>LOTUS</b> FOREIGN EXCHANGE Your Trusted Partner for Currency Exchange and Remittance. www.lotusfx.com

**KITCHEN AFTER 5**  
Call now for your free quote for cabinets etc.  
0272403663  
Arun Kumar  
244B, Donbuck Massey, Auckland, New Zealand

**JSR**  
LIFE MOTORS  
DIRECT IMPORTERS OF JAPANESE MOTOR VEHICLES/WHOLESALE/RETAILER  
Quick & Easy Vehicle Finance  
Ravi Kumar  
Director  
M: 021 0298 3339  
A: 48 Freeman Way  
Maukuu City, Auckland  
P: 09 263 9255  
E: info@jstrlife.co.nz  
W: www.jstrlife.co.nz

**PHARMACY CARE FOR ALL**  
Free Prescription | Free Delivery | Free Blister Pack  
Just send your prescription to us, and we will take care of your medication management at  
Henderson Valley Pharmacy: 249 Henderson Valley Rd  
E: hendvalleyphcy@gmail.com | P: 09 837 0892  
The Caring Pharmacy: 411 Great North Road  
E: thecaringphcy@gmail.com | P: 09 838 4350  
Phone: Niranjan 0211573110

**FOOD 4 LESS**  
supermarket  
Romit Prakash  
Managing Director  
13 Veronica Street  
New Lynn, Auckland  
Ph: 09 826 4387  
E: newlynn@food4less.co.nz  
Manurewa • Otahuhu • Homeware • New Lynn

**CONTROLS PLUS**  
ELECTRICAL & CONTROL CONTRACTORS  
Precision Powering Your World with Innovative Electric Solutions!  
Serving residential, commercial and industrial in Auckland, Hamilton, Rotorua and Palmerston North  
Mob: 022 081 7231  
E: vimal@controlsplus.co.nz  
www.controlsplus.co.nz

**KAYSONS**  
HALLMARK OF FASHION  
• Ethnic Clothing  
• 22ct Gold Jewellery  
• Imitation Jewellery  
Shop Online  
www.kaysons.co.nz  
Phone: (09) 827 9006  
1/3115 Great North Road, New Lynn, Auckland





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: [info@shrirammandir.org.nz](mailto:info@shrirammandir.org.nz) · [www.shrirammandir.org.nz](http://www.shrirammandir.org.nz)   ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00



### International Calendar 2025

Country Reference City Time zone in GMT	CANADA Toronto -5 Hrs	USA Washington DC -5 Hrs	UK London 0 Hrs	INDIA Mumbai +5.30 Hrs	AUSTRALIA Brisbane +10 Hrs	AUSTRALIA Sydney +10 Hrs	NZ/FIJI Auckland +12 Hrs
<b>Maha Shivratri</b>	25 February			26 February			
<b>Holika Dahan</b>	13 March						
<b>Ram Navami</b>	5 April			6 April			
<b>Raksha Bandhan</b>	8 August			9 August			
<b>Krishna Janmaashtami</b>	15 August			16 August			
<b>Ganesh Chaturthi</b>	26 August			27 August			
<b>Navratri (Begins)</b>	22 September						
<b>Dhan Teras</b>	18 October			19 October			
<b>Narak Chaturdashi</b>	19 October			20 October			
<b>Diwali</b>	20 October			21 October			

#### International calendar:

This international calendar shows popular Hindu festival dates for some countries. As you can see, the dates for some festivals vary from one country to another. For example: Diwali falls on October 20 for Canada and USA and on October 21 for Australia & New Zealand.

#### Why does the date vary for the festivals?

A common belief is that Indian festivals are to be observed on the same day as it is celebrated in India. However, it is important to understand that the Indian Panchang system is based on movement of Sun and Moon. That's why it is important to consider the local sunrise and moonrise time when determining a Tithi. Since the sunrise and moonrise time varies from one place to another, hence the Tithi and festival dates are likely to be different.

Source: Drik Panchang

### 2025 Eclipses

DATE	GRAHAN TYPE	DETAILS
14 Mar 2025	Total Lunar Eclipse	Visible 7.43pm till 9:47pm.
29 Mar 2025	Solar Eclipse	Solar Eclipse not visible in Auckland, no precaution required.
8 Sep 2025	Total Lunar Eclipse	Visible 4.28am till 6.33am.
22 Sep 2025	Partial Solar Eclipse	Visible 6:11am till 8.04am

Note: Before the eclipse period begins, it is recommended to place Kush (grass) in the kitchen and puja area in your home.

During the eclipse period, it is advisable to do Naam Jaap (chanting), Akhand Deep, listen to katha and bhajans and give Daan. Eating and intense physical activities are not recommended during the eclipse period. After the eclipse is over, it is essential to take a bath.





# SHRI RAM MANDIR CHARITABLE TRUST

## श्री राम मंदिर चेरिटेबल ट्रस्ट

11 Brick Street, Henderson, Auckland, New Zealand Ph: 09 836 4647

Email: [info@shrirammandir.org.nz](mailto:info@shrirammandir.org.nz) · [www.shrirammandir.org.nz](http://www.shrirammandir.org.nz)   ShriRamMandirNZ

Online Donations: ASB Bank Account # 12 - 3232 - 0285 - 221 - 00



### Shri Ram Mandir Calendar Information

**How to Read this Calendar:** This Hindu Calendar is designed to provide you information about Hindu Tithi and festival dates as per New Zealand timings. Ending time for Tithi is given in hours and minutes. For example: 15.23 is 3:23pm and 28.40 is 4:40am of the next day. All timings are in New Zealand Standard Time.

**Amavasyant calendar :** As per the Amavasyant calendar, new month begins from the next day of Amavasya (No Moon day). The next day after Amavasya is called Shukla Pratipada or New Moon Day. This calendar is commonly followed in Gujarat, Maharashtra and states in South India.

**Purnimant calendar :** According to the Purnimant calendar, the new month begins right after Purnima (Full Moon). The next day after Purnima is called Krishna Pratipada. Purnimant calendar is popularly used in states in Northern India. For example, this year as per Purnimant calendar, Falgun month will start on February 13, 2025. However, as per Amavasyant calendar, it will start on March 1, 2025. Shukla Paksh dates are same in both calendars.

*Best efforts are made based on information available at time of printing for accuracy. If in doubt, contact Shri Ram Mandir.*

**Sankashti Chaturthi:** Each lunar month in Hindu calendar has two Chaturthi Tithi. Chaturthi is the 4th Tithi of the Hindu calendar. Chaturthi Tithi which comes after Purnima (full moon) during Krishna Paksha is known as Sankashti Chaturthi. If Sankashti Chaturthi falls on a Tuesday, it is called as Angarki Chaturthi.

**Sankashti Chaturthi Vrat :** Devotees of Sri Ganesha observe fast from sunrise to moonrise on Sankashti Chaturthi. By fasting and praying to Shri Ganesha, we can get rid of all the obstacles. Sankashti Chaturthi is marked on the calendar with the symbol of Ganesh ji and also includes the moonrise time.

**Durgashtami:** Ashtami is the 8th Tithi of the Hindu calendar. Every month, Durgashtami fasting is observed during Ashtami Tithi of Shukla Paksha. On this day, devotees worship Maa Durga with prayers and fasting. Durga Ashtami Tithi is marked on the calendar with Devi Durga symbol.

**Ekadashi:** Ekadashi fasting is observed on the 11th Tithi of Hindu calendar. Every month has two Ekadashi Tithi - one during Shukla Paksha and another during Krishna Paksha. On Ekadashi, devotees observe a day-long fast to seek the blessings of Bhagwan Vishnu. Eating grains and cereals is not recommended during Ekadashi fasting. However, devotees can choose to do a fruit based fasting or observe a Nirjala fast (without water). Parana (rituals to complete the fasting) for Ekadashi fast is done on the next day after sunrise. Ekadashi is marked on the calendar with the Shankh symbol.

**Pradosh:** Pradosh Vrat is observed during Trayodashi Tithi (13th Tithi of Hindu calendar) of both Shukla Paksha and Krishna Paksha. The time window to perform Pradosh Vrat Shiva Puja is after the sunset when Trayodashi Tithi and Pradosha Kaal overlap. Devotees can end their day-long fasting after performing Shiva Puja. Pradosh Vrat is marked on the calendar with the symbol of Shivaling.

**Sankranti:** Sankranti is defined as the movement of the Sun from one Rashi to another. It occurs every month which means there are a total of 12 Sankranti in a year (in the Hindu calendar). Makar Sankranti is considered most auspicious among the 12 Sankranti and is celebrated throughout the Indian subcontinent. Sankranti days are auspicious for charity and spiritual sadhanas. It is also the time to seek blessings of Bhagwan Suryanarayan for good health and spiritual upliftment.

**Purnima:** Purnima is the day of the full Moon in Hindu calendar. Purnima Tithi is considered highly auspicious to perform rituals and observe fast. Purnima is marked on the calendar with a yellow circle.

**Amavasya:** Amavasya is the No Moon day in Hindu calendar. All Amavasya days are appropriate to perform shradha rituals to honour our ancestors. Amavasya is marked on the calendar with a black circle.

**Auspicious days:** Auspicious days are good days to initiate any new task. Auspicious days are marked on the calendar with the Swastik symbol.